



Last Updated 10/6/2025

Bismarck/Mandan Area Food Pantries and Meal Sites

MONDAY

AID, Inc. Food Pantry	10:00am-6:30pm	314 W. Main Ave, Mandan, ND	701-663-1274 ext. 18
Adopt-A-Block <i>Dream Center Bismarck</i>	4:30pm-6:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Bismarck Emergency Food Pantry	1:00pm-4:00pm	220 W Front Ave Bismarck, ND	701-258-9188
Corpus Christi Emergency Food Pantry	Call 8:00am-12:00pm, Pick up 1:00pm-1:30pm	1919 N 2nd St, Bismarck, ND	701-255-3104
Comm. Action Program Reg. VII	8:00am-4:30pm	2105 Lee Ave, Bismarck, ND	701-258-2240
Dream Center Bismarck	Breakfast 7:00am-9:00am, Pantry 4:30pm-6:30pm, Meal 5:30pm-7:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Lincoln Community Cupboard	6:00pm-8:00pm	3310 66th St SE, Lincoln, ND	701-400-8452
Heaven's Helpers Soup Cafe	11:00am-5:00pm	220 N 23rd St, Bismarck, ND 58501	701-751-7687
Spirit of Life Catholic Church	10:00am-3:00pm	801 1st St SE, Mandan, ND	701-663-1660

TUESDAY

AID, Inc. Food Pantry	10:00am-3:00pm	314 W. Main Ave, Mandan, ND	701-663-1274 ext. 18
Bismarck Emergency Food Pantry	1:00pm-4:00pm	220 W Front Ave Bismarck, ND	701-258-9188
Adopt-A-Block <i>First Baptist Church</i>	4:30pm-6:00pm	1100 Collins Ave, Mandan ND	
Blessed Builders	11:00am-4:00pm	2700 State Street Suite F6, Bismarck, ND	701-751-0318
Comm. Action Program Reg. VII	8:00am-4:30pm	2105 Lee Ave, Bismarck, ND	701-258-2240
Dream Center Bismarck	Breakfast 7:00am-9:00am, Pantry 4:30pm-6:30pm, Meal 5:30pm-7:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Heaven's Helpers Soup Cafe	11:00am-5:00pm	220 N 23rd St, Bismarck, ND 58501	701-751-7687
Ministry on the Margins	9:30am-11:30am	201 North 24th Street Bismarck, ND	701-223-6315
Salvation Army	9:00am-10:30am	601 S Washington St. Bismarck, ND	701-223-1889
Spirit of Life Catholic Church	10:00am-3:00pm	801 1st St SE, Mandan, ND	701-663-1660

WEDNESDAY

AID, Inc. Food Pantry	10:00am-3:00pm	314 W. Main Ave, Mandan, ND	701-663-1274 ext. 18
Adopt-A-Block <i>Dream Center Bismarck</i>	4:30pm-6:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Blessed Builders	11:00am-4:00pm	2700 State Street Suite F6, Bismarck, ND	701-751-0318
Comm. Action Program Reg. VII	8:00am-4:30pm	2105 Lee Ave, Bismarck, ND	701-258-2240
Dream Center Bismarck	Breakfast 7:00am-9:00am, Pantry 4:30pm-6:30pm, Meal 5:30pm-7:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Heaven's Helpers Soup Cafe	11:00am-5:00pm	220 N 23rd St, Bismarck, ND 58501	701-751-7687
Salvation Army	9:00am-10:30am	601 S Washington St. Bismarck, ND	701-223-1889
Spirit of Life Catholic Church	10:00am-3:00pm	801 1st St SE, Mandan, ND	701-663-1660

THURSDAY

AID, Inc. Food Pantry	10:00am-3:00pm	314 W. Main Ave, Mandan, ND	701-663-1274 ext. 18
Adopt-A-Block <i>New Song Church</i>	4:30pm-6:00pm	3200 N 11th St, Bismarck, ND	
Blessed Builders	11:00am-4:00pm	2700 State Street Suite F6, Bismarck, ND	701-751-0318
Corpus Christi Emergency Food Pantry	Call 8:00am-12:00pm, Pick up 1:00pm-1:30pm	1919 N 2nd St, Bismarck, ND	701-255-3104
Comm. Action Program Reg. VII	8:00am-4:30pm	2105 Lee Ave, Bismarck, ND	701-258-2240
Dream Center Bismarck	Breakfast 7:00am-9:00am, Pantry 4:30pm-6:30pm, Meal 5:30pm-7:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Lincoln Community Cupboard	6:00pm-8:00pm	3310 66th St SE, Lincoln, ND	701-400-8452
Heaven's Helpers Soup Cafe	11:00am-5:00pm	220 N 23rd St, Bismarck, ND 58501	701-751-7687
Ministry on the Margins	5:00pm-7:00pm	201 North 24th Street Bismarck, ND	701-223-6315
Salvation Army	9:00am-10:30am	601 S Washington St. Bismarck, ND	701-223-1889
Spirit of Life Catholic Church	10:00am-3:00pm	801 1st St SE, Mandan, ND	701-663-1660

FRIDAY

AID, Inc. Food Pantry	10:00am-3:00pm	314 W. Main Ave, Mandan, ND	701-663-1274 ext. 18
Adopt-A-Block <i>Dream Center Bismarck</i>	4:30pm-6:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Comm. Action Program Reg. VII	8:00am-4:30pm	2105 Lee Ave, Bismarck, ND	701-258-2240
Dream Center Bismarck	Breakfast 7:00am-9:00am, Pantry 4:30pm-6:30pm, Meal 5:30pm-7:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Heaven's Helpers Soup Cafe	11:00am-5:00pm	220 N 23rd St, Bismarck, ND 58501	701-751-7687
Spirit of Life Catholic Church	10:00am-1:00pm	801 1st St SE, Mandan, ND	701-663-1660

SATURDAY

Dream Center Bismarck	Pantry 12:00pm-1:00pm, Meal 12:00pm-1:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
Heaven's Helpers Soup Cafe	11:00am-3:00pm	220 N 23rd St, Bismarck, ND 58501	701-751-7687

SUNDAY

Dream Center Bismarck	Meal 12:00pm-1:00pm	1805 Park Avenue, Bismarck, ND	701-955-2150
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Follow Our Facebook Page for Local Produce Pop-Ups

At the **988 Suicide & Crisis Lifeline**, they understand that life's challenges can sometimes be difficult. Whether you are facing mental health struggles, emotional distress, alcohol or drug concerns, or just need someone to talk to, their caring counselors are here for you. You are not alone. Call 988.

211 and FirstLink: Callers in ND and Clay County, MN will be provided with confidential listening and support in addition to information and referrals by call specialists trained in crisis intervention, including suicide intervention, rent help, and much more.

SNAP (Food Stamps) Hotline: Supplemental Nutrition Assistance Program

Call for SNAP Application Assistance:
 North Dakota: **1.855.405.0000**
 Minnesota: **218.512.1500**

