

Buckwheat Muffins

Ingredients

- 3 Cups buckwheat flour
- ½ Cup sugar
- 3 tsp baking powder
- 1 Cup plain yogurt
- ⅔ Cup milk
- 1 tsp vanilla (optional)
- ½ Cup oil (preferred vegetable)
- ½ Cup dark chocolate chips (optional)

Directions

- Step 1: Preheat oven to 350 F and line muffin tray with paper cups
- Step 2: In a medium bowl, add yogurt, milk, vanilla, and oil. Stir well
- Step 3: add flour, sugar, and baking powder to wet ingredients. Stir well
- Step 4 (optional): Add the chocolate chips and stir
- Step 5: Scoop the batter into the muffin cup
- Step 6: Bake for about 25 minutes

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