

2018 HUNGER in North Dakota

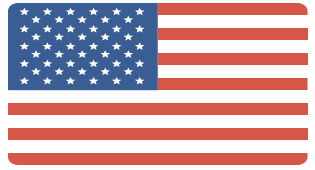
Grand Forks Region

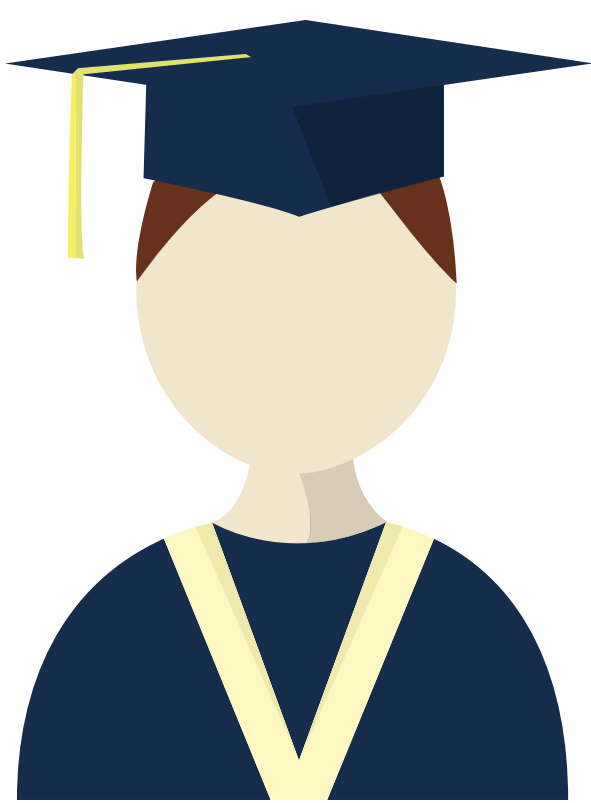
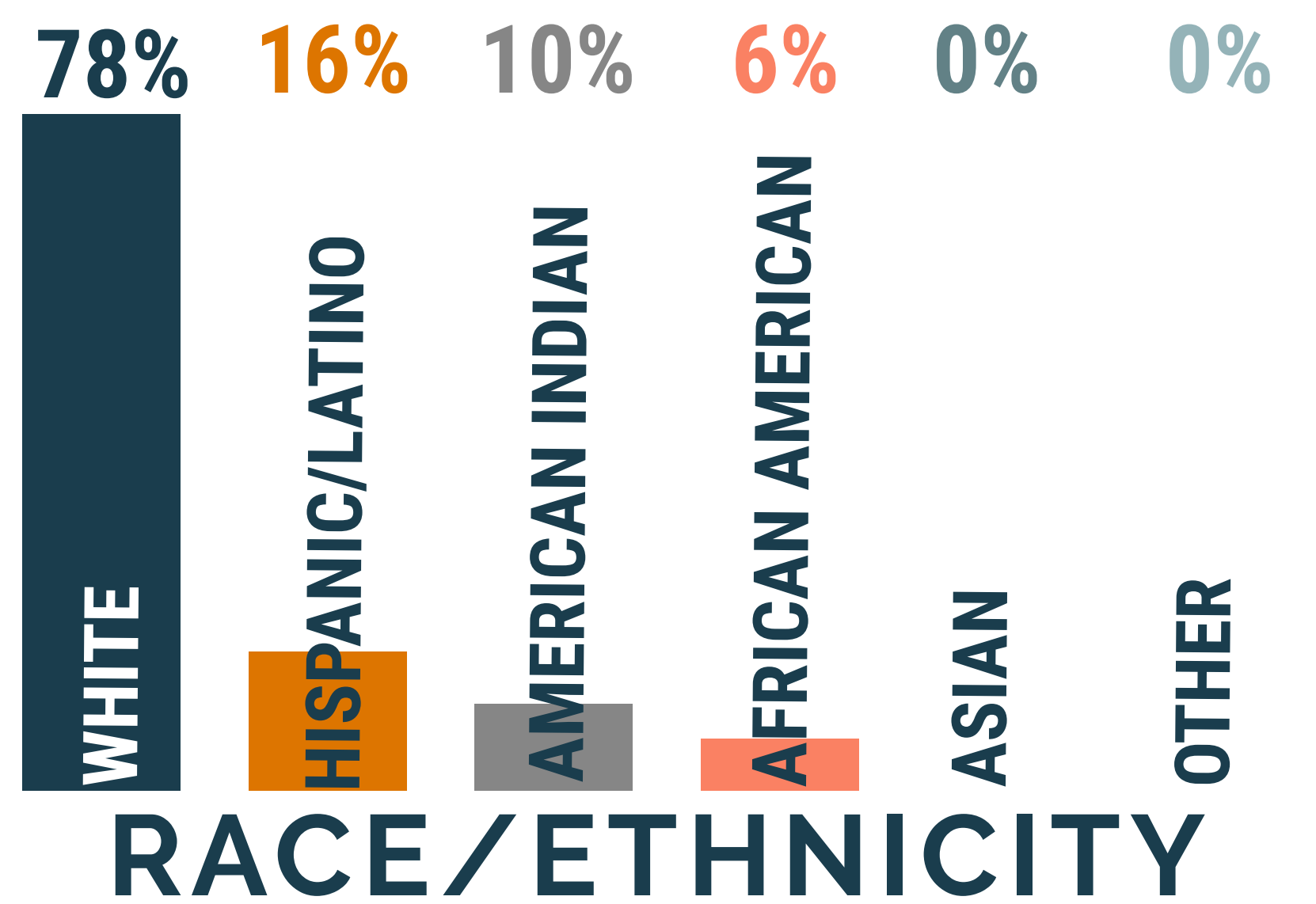
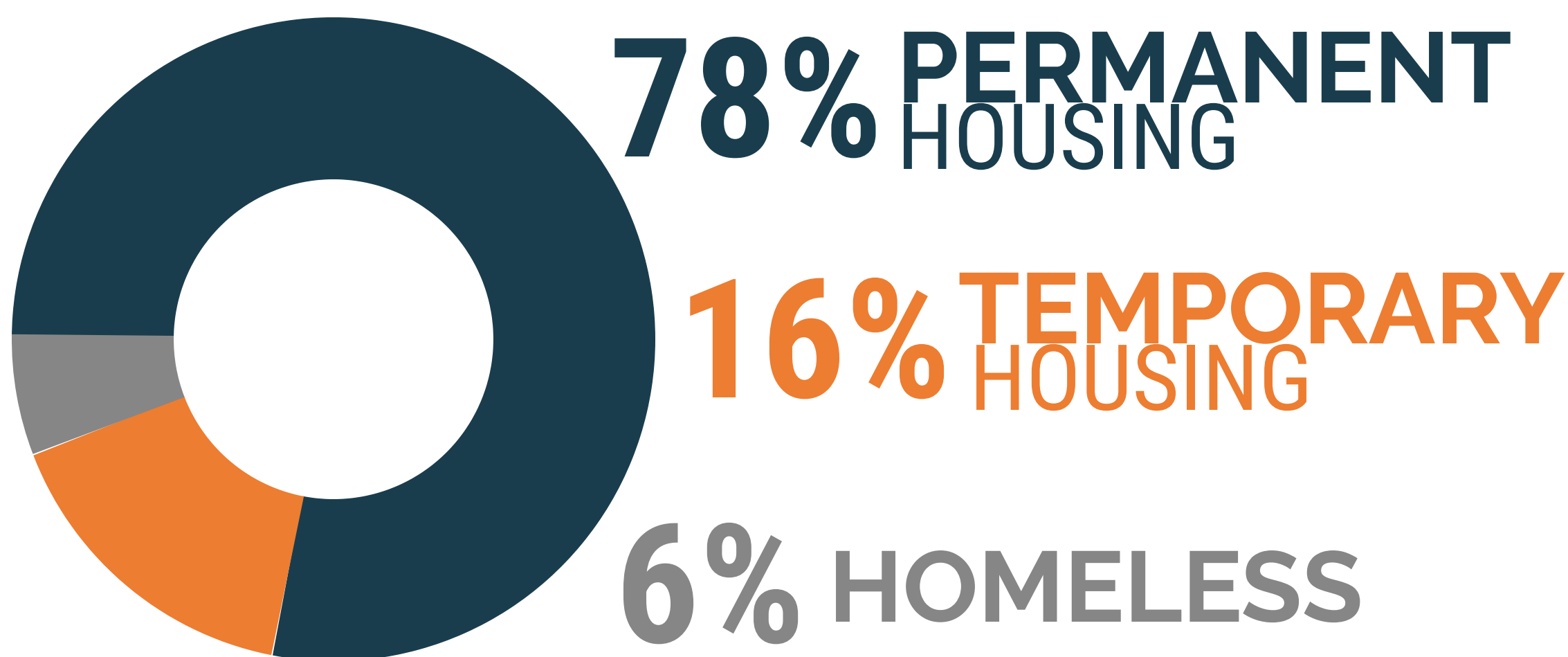
A total of 51 client interviews were conducted at 7 sites throughout Grand Forks, Traill and Walsh Counties.

DEMOGRAPHICS

26%  CHILDREN

15%  SENIORS

18%  VETERANS



82% COMPLETED HIGH SCHOOL

51% HAVE 2+ YEARS OF POST SECONDARY EDUCATION

8% COMPLETED COLLEGE

HEALTH

86% OF PARTICIPANTS HAVE A CHRONIC DISEASE

6% ARE IN POOR OR VERY BAD HEALTH

61% HAVE UNPAID MEDICAL BILLS



33% OF PARTICIPANTS HAVE HIGH BLOOD PRESSURE

31% OF PARTICIPANTS HAVE DEPRESSION/MENTAL HEALTH ISSUE

29% OF PARTICIPANTS HAVE DIABETES

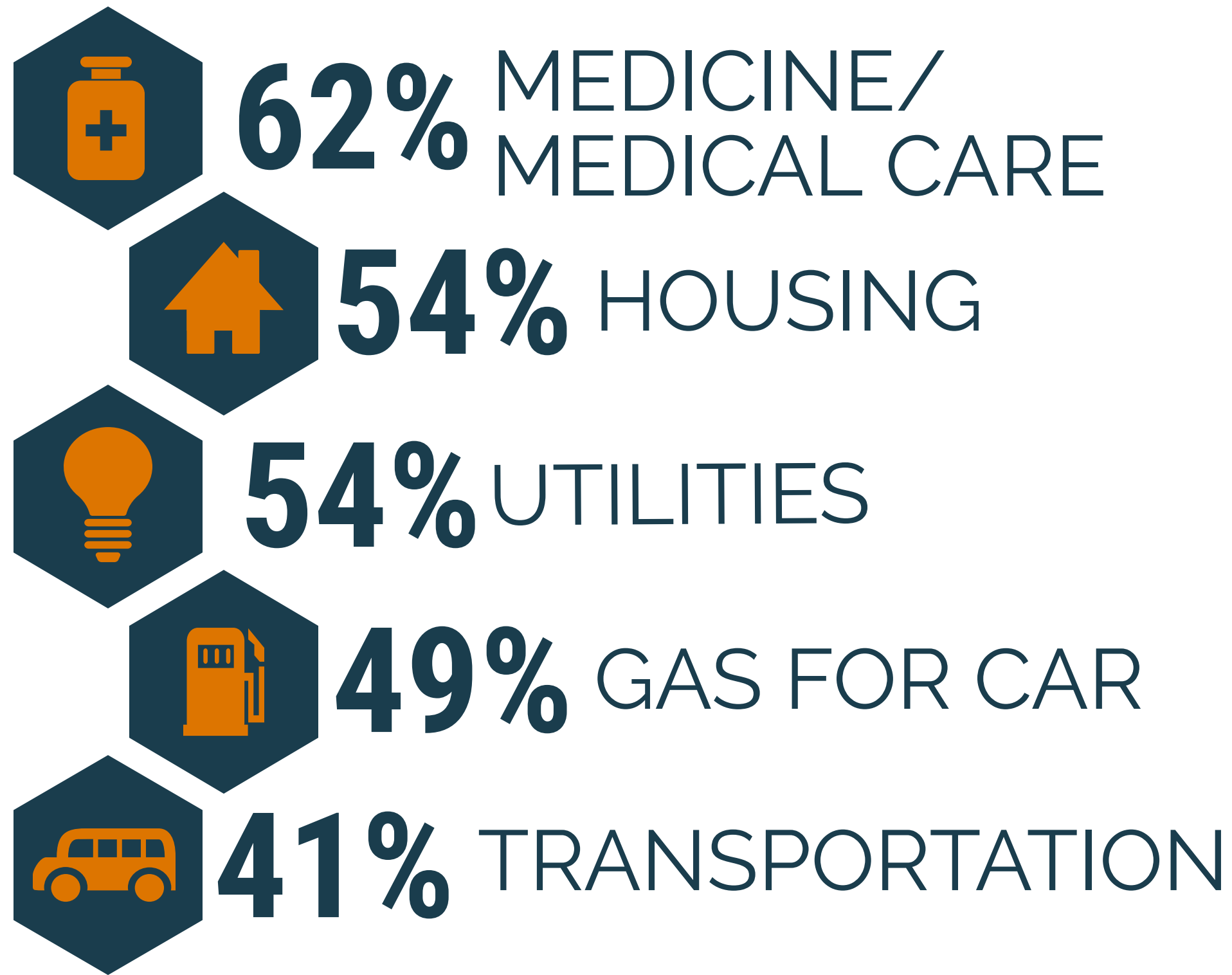
18% OF PARTICIPANTS HAVE ASTHMA

14% OF PARTICIPANTS ARE OBESE

12% OF PARTICIPANTS SUFFER FROM ADDICTION

TOUGH CHOICES

HOUSEHOLDS REPORT CHOOSING BETWEEN FOOD AND:



WHAT WOULD HELP?

CLIENTS SHARED WHAT ELSE WOULD HELP THEM GET THE FOOD THEY NEED FOR THEMSELVES/FAMILY:



FOOD ASSISTANCE



27% OF ADULTS REPORT NOT EATING FOR A **WHOLE DAY**

71% CAN'T AFFORD TO EAT **BALANCED MEALS**



33% HAVE **SPECIAL DIETARY NEEDS**

47% **CURRENTLY ON SNAP** (Supplemental Nutrition Assistance Program)

CLIENTS REPORT USING A FOOD PANTRY **8.2** TIMES PER YEAR (on average)

ROOT CAUSES

37% **CHRONIC DISEASE/ HEALTH CONDITIONS**

29% **LACK OF TRANSPORTATION**

14% **AVAILABLE HOUSING**

\$ 33% **POVERTY**

18% **AFFORDABLE HOUSING**

10% **DISCRIMINATION**



www.greatplainsfoodbank.org

Ending Hunger 2.0 is Great Plains Food Bank's bold next step in hunger relief, working on root causes to hunger through research, advocacy and community based solutions.

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www.endinghunger20.org